



EVALUATION OF ANTI-PROTOZOAL ACTIVITY OF *PEGANUM HARMALA* (HARMAL) AGAINST BABESIOSIS IN CATTLE

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ABSTRACT

Babesia gradually attains resistance against the allopathic medicines due to their frequent use. To overcome the resistance, herbal therapy is getting more attention. The current study was planned to monitor the efficacy of *Peganum harmala* against babesiosis in cattle. The blood was collected from ear vein of cattle having high infestation of ticks. A thin blood smear was prepared and stained. Through survey 74 animals were found positive for tick-borne pathogens with an overall prevalence of 19.27%. *Babesia* sp. was the most prevalent (9.38%; 36/384) haemoparasite, followed in order by *Theileria* sp. (5.20%, 20/384) and *Anaplasma* sp. (4.69%, 18/384). All blood samples were subjected to PCR and it was found that 40/384 (10.41%) blood samples were harbouring *Babesia bovis* and *Babesia bigemina*. From positive animals for *Babesia* 30 cattle were randomly selected and divided into 3 groups of 10 animals each viz A, B and C, all groups were tested with the water extract of *P. harmala* @ 7.5 mg kg⁻¹, 10 mg kg⁻¹ and 12.5 mg kg⁻¹ body weight by intramuscular route, at interval of 12, 24 and 36 h. Ten healthy animals were selected as control in group D. Three animals with moderate infection, 8-9 animals of group A, B and C were recovered, during 48 h after treatment. Two animals each from A, B and one from group C were not cured and died. Five animals from group A were not cured till 36 h of the treatment. Group D of healthy untreated animals were well as they were. Results showed that there was a significant increase in WBCs, including increase in leukocytes and neutrophils in animals infected, whereas number of RBCs and HB decreases. This study concluded that infected cattle treated with water extract of *P. harmala* 12.5 mg kg⁻¹, recovered early ($P < 0.01$) compared to that of 7.5 and 10 mg kg⁻¹.

Keywords: herbal, infection, parasite, resistance, tick-borne

INTRODUCTION

Livestock sector plays a great role in development of the Pakistan's economy and there is still much more space in this sector to be focused. Keeping in mind, the end goal is to take care of an expanding demand of milk and milk products and it is auspicious to survey the current status of tick-borne diseases (TBDs) in Pakistan along with the learning of TBDs and their control. In livestock, babesiosis is caused by protozoan parasites (i.e. *Babesia bovis* and *Babesia bigemina*). The poor management of farms and lack of an acceptable framework to control or eradicate certain ticks may cause certain complications and later on may cause difficulty in control measures (Farkas *et al.*, 2013). Tick-borne parasitic diseases are present all over the world. Tick-borne diseases (TBDs)

and ticks influence the efficiency of bovines in tropical and subtropical ranges, prompting critical unfavourable effect on the jobs of asset poor cultivating groups. Tick-borne diseases cause a great loss in livestock production and have incredible financial effect in terms of high creation misfortunes and in addition mortality and increased consumption in treatment. Universally, four fundamental TBDs, to be specific babesiosis, cowdriosis (heartwater), anaplasmosis and theileriosis, influence bovines and are of major financial significance in bovines in Pakistan (Jabbar *et al.*, 2015). *Babesia* species are protozoan parasites on cold-blooded vertebrates transferred by ixodidae ticks and are viewed as over whelming parasites (Duh *et al.*, 2005). After trypanosomes *Babesia* is uppermost blood parasite found in mammals (Yabsley and Shock, 2012). It causes direct economic damages, such as mortality and

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lowered meat and milk production (Gharbi *et al.*, 2011; Shah Nawaz *et al.*, 2011). For the treatment of babesiosis different therapeutic approaches are adopted. Diminazene aceturate and imidocarb dipropionate are commonly used anti *Babesia* drugs now a day. Supportive treatment and blood transfusions and the use of anti-inflammatory drugs, corticosteroids, and fluid therapy, are also advisable. Imidocarb is the most frequently used drug in Pakistan for the dealing with babesiosis (Niazi *et al.*, 2008). It has also very serious effect on body like anaphylactic shock and resistance has been developed against these drugs due to its excessive use (Afifi *et al.*, 2014).

To overcome the drug resistance, herbal therapy can be followed in such circumstances, there is intense need for the identification of such compounds that may skip these adverse effects. The pharmacological active ingredients of *Peganum harmala* are several alkaloids including β -carbolines such as harmaline, quinazoline, harman and harmatol and harmine derivative such as vasicinone as well as vasicine (Aarons *et al.*, 1977). *Peganum harmala* (generally known as harmal) from family Zygophyllaceae is a multiple used medicinal plant. Its main beta carboline alkaloids extracts are harmaline, harmine, harmalol and harmol (Herraiz *et al.*, 2010). It is a bushy, and wild-growing flowering plant with short roots (Shamsa *et al.*, 2007; Goel *et al.*, 2009) and is known as Harmal in North Africa and "Espand" in Iran and Syrian Rue or Turkish Rue or African Rue in United States (Mahmoudian *et al.*, 2002).

Uptill date, no testimony is accessible on antiprotozoal effect of *Peganum harmala* at various dilutions for the treatment of babesiosis in cattle. Keeping in view the significant losses by babesiosis, the present project was planned to check the potential of *Peganum harmala* for the management of babesiosis in cattle in Faisalabad Punjab, Pakistan. The present study was planned to: determine haematological changes due to bovine babesiosis; access the therapeutic effect of extract of *Peganum harmala* against babesiosis in cattle.

MATERIALS AND METHODS

Study area

The study area of this project was district Faisalabad. Faisalabad stands in the rolling flat plains of the northeast Punjab, between longitude 73°74 east, latitude 30°31.5 North, with an elevation of 184 meters (604 feet) above the sea level.

Target population

A total of 30 cattles (*Bos indicus* and *Bostaurus*) with positive babesia population were selected to evaluate the anti babesial activity of *Peganum harmala*.

Clinical examination of babesiosis

The blood samples were collected from the animals suspected for babesiosis on the basis of following clinical signs; ataxia, temperature, anorexia and in coordination, urine change in colour as brown or dark red-coloured urine (haemoglobinuria), marks of general circulatory shock, respiratory symptoms (tachypnoea, dyspnoea, pneumonia etc.), nervous signs, presence of ticks on the body of animals, in late course of disease haemoglobinuria and anaemia may appear, maximum parasitaemia (percentage of infected erythrocytes) in circulating blood less than 1% often occurs in acute cases (Bock *et al.*, 2004).

Sampling and investigations

Blood sample were collected from marginal ear vein of cattle before treatment, on the basis of clinical signs. Blood sample of positive cattle were collected after treatment. Area of blood collection was disinfected with methyl alcohol. Ear vein was punctured with the help of 22 gauge needle, and samples were collected in sterilized disposable syringe of 5 mL capacity containing EDTA. The blood samples were stored at 4°C until future analysis (Benjamin, 1986).

Slides preparation

Thin blood smear was prepared from collected blood on clean and dry glass slides. These smears were air-dried, fixed in methyl alcohol for 10 minutes, stained with working dilution of Giemsa stain (1:10) with phosphate buffer solution and fixed for 30 minutes. To remove extra stain smear was washed with tap water, air-dried and examined under the oil immersion lens of a light microscope (Zafar *et al.*, 2006). Parasites were recognized by method defined by Soulsby (1982).

Extraction method of *Peganum harmala*

The seeds of *P. harmala* were collected and taxonomically identified by Dr. M. Mansoor, Botanist in Department of Botany, University of Agriculture, Faisalabad. Then extract of *P. harmala* was prepared from the seeds of plant according to the method described by Manske and Holmes (1952). Crushed seeds of

P. harmala were dissolved with three times, their weight of water containing 30 g of acetic acid per liter of water. The seeds swelled as they could absorb the liquid and form thick dough which was pressed after 3 days. The pressed seeds were again treated as above with twice, their mass of dilute acetic acid and after maceration and then liquid was again pressed and concentrated extract was sterilized in ultraviolet light for 12 h and dried below 70°C in an oven. Then, 10 grams of the dried extract was dissolved in 90 mL of distilled water and filtered with 0.2 µm syringe filter and then injected to infected animal @ 7 mg kg⁻¹ intramuscularly.

Treatment trials

A total of 30 babesia positive cattle selected for anti babesial activity were divided into three equal groups A, B and C comprising 10 animals each. Groups A, B, and C were treated with different doses of the extract of *P. harmala* as 7.5 mg kg⁻¹, 10 mg kg⁻¹ and 12.5 mg kg⁻¹ body weight intramuscularly for 3 days. The parameters of infected animals of group A, B and C were compared with the normal parameters of healthy animals of group D (n=10).

Haematological parameters

A total of 160 blood samples from 30 babesia positive species and 10 samples of control group after 12 h interval of treatment were also taken. Different haematological parameter changes were studied like white blood cells (WBC's), haemoglobin (Hb), Packed Cell Volume (PCV) and Red blood cells (RBC's).

Statistical analysis

The results were analysed under two ways factorial of complete randomized design to find out any association of hypothesized risk factors with the occurrence of disease. The study was conducted on tick vectors because ticks are abundantly found in Pakistan due to humidity, sanitation and hygienic issues (Makala *et al.*, 2003; George *et al.*, 2004).

RESULTS AND DISCUSSION

The study was conducted to check the activity of *Peganum harmala* against blood protozoal disease. Different methods had been used so far to treat babesiosis in cattle which include therapeutic control and vaccination (Bock *et al.*, 2004; Niazi *et al.*, 2008). Current live vaccines against *B. bovis* and *B. pigemina* are based

on attenuation techniques (Florin-Christensen *et al.*, 2014). It was first to use against babesiosis and it showed positive results due to its resemblance towards natural infection but this treatment proved to be lethal for those cattle which have poor immune system since the attenuated vaccine may re-mutate to produce severe results and even death can occur in aged animals.

On the other hand, some therapeutic approaches have been adopted in the treatment of babesiosis. Diminazenediacetate (Kumar *et al.*, 2016) and imidocarb dipropionate (Akhtar *et al.*, 2010) are commonly used anti babesial drugs now a day. These drugs have very serious effect on body like anaphylactic shock, toxicosis, diarrhoea and dyspnoea excessive salivation (Afifi *et al.*, 2014). But some downsides of these drugs have been seen in modern research as compared to the *P. harmala* extract. These disadvantages may be noticeable in pregnant cattle in the form of severe miscarriages moreover many other side effects. All these reasons confirmed some new medicinal researches that are resulted in the form of *P. harmala* extract due to its well antiprotozoal reputation in former ages (Mirzaei, 2007), thus this experiment was conducted to confirm the efficacy of *P. harmala* against babesiosis as this plant may show effective results according to Moloudizargari *et al.* (2013).

A survey was directed in Ethiopia to find out the prevalence of babesiosis in dairy animals. For this purpose, 384 animals were randomly screened. Results indicated that female animals have a higher incidence of babesiosis than that of the male animals which is 17.5% vs 16.3% (Hamsho *et al.*, 2015) and these results correlate with the rate of incidence found in present study. The age restricted prevalence of protozoal infections divulged that adult cattle are more susceptible towards the hemoprotezoal diseases as compared to young ones. In current study, the higher rate of susceptibility of adult cattle to babesiosis is reinforced by the findings of Anand *et al.* (2009). These observations were also correlated with the observations of Kamani *et al.* (2010) who mentioned the higher prevalence of adult than that of young cattle. As far as the sex is concerned, in this study female cattle was more likely to be affected relative to male cattle. Significantly the high prevalence ratio of babesiosis was observed for female cattle that were reported by Alim *et al.* (2012). The haematology was performed because this disease has intra-erythrocytic parameters of

blood (Yadav *et al.*, 2015). Thus, the haematological changes observed in this research are as follows:

Level of WBCs at different doses in infected animals

Figure 1 shows that with the dose of 7.5 mg kg⁻¹, no effect was observed up to 24 h and WBCs number was elevated but after 36 h this level of WBCs start dropping. In animals treated with 10 mg kg⁻¹ BW the drop in WBCs number was observed at 24 h which continued till 36 h. In animals treated with 12.5 mg kg⁻¹ BW, the number of WBCs did not show significant increase after first dose and dropped significantly up to 24 h.

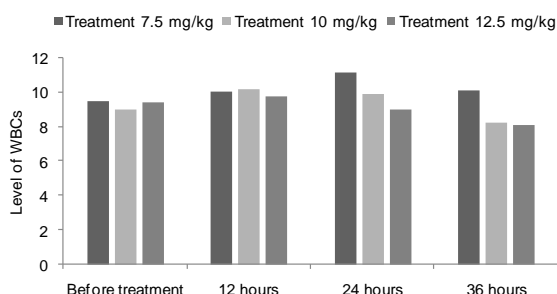


Figure 1. Level of WBCs in treated animals during the course of disease

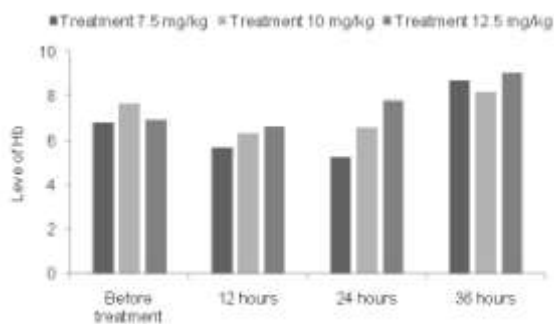


Figure 2. Level of PCV in treated animals during the course of disease.

Level of PCV at different doses in infected animals

Figure 2 shows that with the doses of 7.5 mg kg⁻¹, no effect was observed up to 24 h as PCV Value dropped down to 24 h. After 36 h, this level of PCV started increasing. In animals treated with 10 mg kg⁻¹ BW, increase in PCV Value was observed at 24 h which continued till 36 h. In animals treated with 12.5 mg kg⁻¹ BW, PCV value did not show significant drop after first dose.

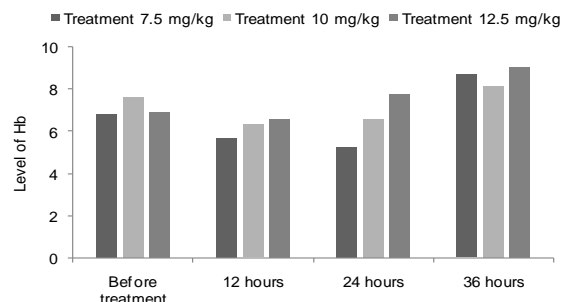


Figure 3. Level of HB in treated animals during the course of disease.

Level of HB at different doses in infected animals

Figure 3 shows that with the dose of 7.5 mg kg⁻¹, no effect was observed upto 24 h and Hb level dropped continuously but after 36 h this level of Hb showed significant increase. In animals treated with 10 mg kg⁻¹ BW, the drop in Hb value was observed at 12 h which reversed till 36 h. In animals treated with 12.5 mg kg⁻¹ BW, the number of WBCs did not show significant decrease after first dose.

CONCLUSION

Results of this study hence prove that aqueous extract of *P. harmala* was more effective at the rate of 12.5 mg kg⁻¹ than that of 7.5 and 10 mg kg⁻¹ body weight against babesiosis in cattle.

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AUTHOR'S CONTRIBUTION

M. I. Saleem: Conducted research
S. A. Mahfooz: Helped in planning research
M. M. Ashraf: Data collection and interpretation
M. M. Jafar: Data analysis
A. Ashar: Data interpretation

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