Emotional Intelligence as Predictor of Career Decision Making among University Undergraduates

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The aim of the current study was to examine predictive relationship pattern between emotional intelligence (EI), and career decision making. Sample of the study comprised of (N = 203) university undergraduates. EI, its facets and career decision making were operationalized through Wong and Law Emotional Intelligence Scale (Wong & Law, 2002) and Career Decision Profile (Jones & Lohmann, 1998) respectively. Correlational analysis revealed that emotional intelligence was positively correlated with career decision making. More specifically, the constructs of EI most related to career decision making were examined. Multiple regression analysis demonstrated that among EI factors self-emotional appraisal, and utilization of emotions were found significantly correlated with career decision making. Finally linear regression yielded overall EI as significant positive predictor of career decision making. Limitations and suggestions of the current study have been discussed for future research endeavors.

Keywords: Emotional intelligence, career decision making.