

## **Task-Specific Occupational Self-Efficacy and Occupational Aspirations of Arts and Science Students**

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The present study was designed to explore task-specific occupational self-efficacy and occupational aspirations of arts and science students on Task-Specific Occupational Self-Efficacy Scale (Osipow & Rooney, 1990) and Occupational Aspirations Scale (Aziz & Kamal, 2009). The sample consisted of 200 students studying in F.A/F.Sc (100 Arts and 100 Science). Significant difference was observed in self-efficacy of arts and science students in verbal, interpersonal, quantitative, business, scientific, and physical skill. Mean scores and ranking of occupational aspirations of arts and science students showed that armed forces, psychologist, businessman, computer personnel, and civil/foreign service were most aspired occupations by arts students, whereas science students aspired for occupation of scientist, engineer, armed forces, computer personnel, and pilot. Implications for future research and recommendations for counseling to enhance the academic performance of students are outlined. Moreover, the applications of the TSOSS and OAS to investigate the real potentials and success in certain professions are discussed for the quality enhancement of personal-social development.

*Key Words:* Self-efficacy, Occupational aspirations, Career decision